

Aldara Instructions

You have been diagnosed with an early type of skin cancer, which has the very high chance of being effectively treated with the medication called Aldara. This medication is provided as a cream in small sachets.

The areas to be treated are:

You should apply the cream to each of these areas in the morning of each day from Monday to Friday. On Saturday and Sunday you should not put any cream onto any of your spots. The cream needs to be applied directly to the skin and then covered with a bandaid so that it stays in contact with the skin during the day. You can remove the bandaid and wash and shower as normal in the evenings and the skin needs no covering over night.

During treatment your skin will probably become inflamed. A degree of redness and irritation is normal. If this develops to the point where it is sore or painful then you should have a holiday from your treatment. A holiday means not applying any cream until the soreness and redness have improved substantially. This will normally take two to five days.

The whole duration should be _____ weeks.

If you have any questions about your treatment please contact the practice nurse on 9509 7802. I will organise a review appointment two weeks after your treatment finishes.

Yours sincerely
William Blake